



### Daily Routine for 0-2 years

The staff ratio for 0-2 year olds is set at a minimum of 1 member of staff to 3 children.

This is the basic routine that we follow everyday and we are flexible to children's own routines when it comes to bottle feeding times and sleep times.

All nappies are checked routinely at 10.30, 12.30, 14.30 and 16.30 and action taken to ensure children remain comfortable throughout the day if necessary.

8.00-9.00	Children arrive at nursery - Structured free choice activities. Helping children settle into the day
9.10-9.20	Story, song, nursery rhyme time - developing early communication, language and literacy skills Followed by hand washing - learning good hygiene skills
9.20-9.40	Snack time - tasting different foods, exploring different textures and developing social skills
9.40-11.40	Planned activities, messy play and continuous play - Developing skills in a range of activities such as: Hand-eye coordination when block building, mark-making when finger painting
11.40-11.50	Story, song, nursery rhyme time - developing early communication, language and literacy skills Followed by hand washing - learning good hygiene skills
11.50-12.30	Lunch time - developing new tastes and social skills
12.30-14.10	Rest/quiet time/structured free play - Toys are set out for the children to play with that still develop their skills i.e the pop up toys develop early ICT skills (pressing buttons and lifting flaps)
14.10-14.20	Story, song, nursery rhyme time - developing early communication, language and literacy skills Followed by hand washing - learning good hygiene skills
14.20-14.40	Snack time - tasting different foods, exploring different textures and developing social skills
14.40-16.00	Planned activities, messy play and continuous play - developing skills in a range of activities such as: Taste and texture with jelly play, sensory and rhythm development with musical instruments
16.00-16.40	Tea time - developing new tastes and social skills
16.40-18.00	Structured free choice activities - settling children toward the end of the day