



Little Buds Daily Routine

8.00am	Children arrive at nursery Freeplay
8.45am - 9.00am	Breakfast
9.15am	Messy play, sensory play, freeplay: indoor/outdoor
9.45am	Nappies
10.00am	Sleep time
11.00am - 11.20am	Starting to wake up Sensory play, freeplay indoor
11.45am - 12.00pm	Sit down, songs Lunchtime
12.30pm	Nappies
1.05pm	Messy play, sensory play, freeplay: indoor/outdoor
1.45pm - 2.00pm	Nappies checked Sleep time
3.00pm - 3.25pm	Starting to wake up Time time
4.15pm	Free play: Indoor/outdoor
6.00pm	Home time